

A Person Centred Approach

Student activity:

Introduction

Good working relationships in health, social care and child care environments are underpinned by person-centred ways of working. You are going to complete two activities: designing a poster and then completing a table to show your understanding of a person-centred approach.

Activity 1

A person-centred approach involves supporting and enabling individuals to live their lives how they want to. To do this, individuals' needs, preferences, abilities, values and wishes must always be taken into account.

Below is a resource that has been developed by the Health Foundation, a charity whose aim is to improve the quality of health care in the UK so that all health care is safe, effective, person-centred, timely, efficient and equitable: 'Person-centred care made simple'.

Website Link: http://personcentredcare.health.org.uk/sites/default/files/resources/person-centred_care_made_simple_1.pdf

Read through the Health Foundation's Guide and then design a poster to explain what person-centred care in health care means. **DO NOT PRINT THIS DOCUMENT**

You can use words, pictures and diagrams to design your poster. Your poster must provide the following information:

What person-centred care is.

Why person-centred care is important.

Activity 2

Ensuring a person-centred approach is used is essential to building positive relationships in health, social care or child care environments. Read through the eight person centred values that underpin a person-centred approach in the diagram below:



Explain with examples what each of these person-centred values means by completing the table below:

Person Centred Value	
1. Individuality	Meaning:
Example:	
2. Choice	Meaning:
Example:	
3. Privacy	Meaning:
Example:	
4. Dignity	Meaning:
Example:	

5. Respect	Meaning:
Example:	
6. Rights	Meaning:
Example:	
7. Independence	Meaning:
8. Partnership	Meaning: