

A Person-Centred Approach

Student activity:

Introduction

Good working relationships in health, social care and child care environments are underpinned by person-centred ways of working. You are going to complete a range of activities: designing a poster, completing a table, to show your understanding of a person-centred approach.

Activity 1

A person-centred approach involves supporting and enabling individuals to live their lives how they want to. To do this, individuals' needs, preferences, abilities, values and wishes must always be taken into account.

Below is a resource that has been developed by the Health Foundation, a charity whose aim is to improve the quality of health care in the UK so that all health care is safe, effective, person-centred, timely, efficient and equitable: 'Person-centred care made simple'.

Website Link: http://personcentredcare.health.org.uk/sites/default/files/resources/person-centred_care_made_simple_1.pdf

Read through the Health Foundation's Guide and then design a poster to explain what person-centred care in health care means. **DO NOT PRINT THE GUIDE.**

You can use words, pictures and diagrams to design your poster. Your poster must provide the following information:

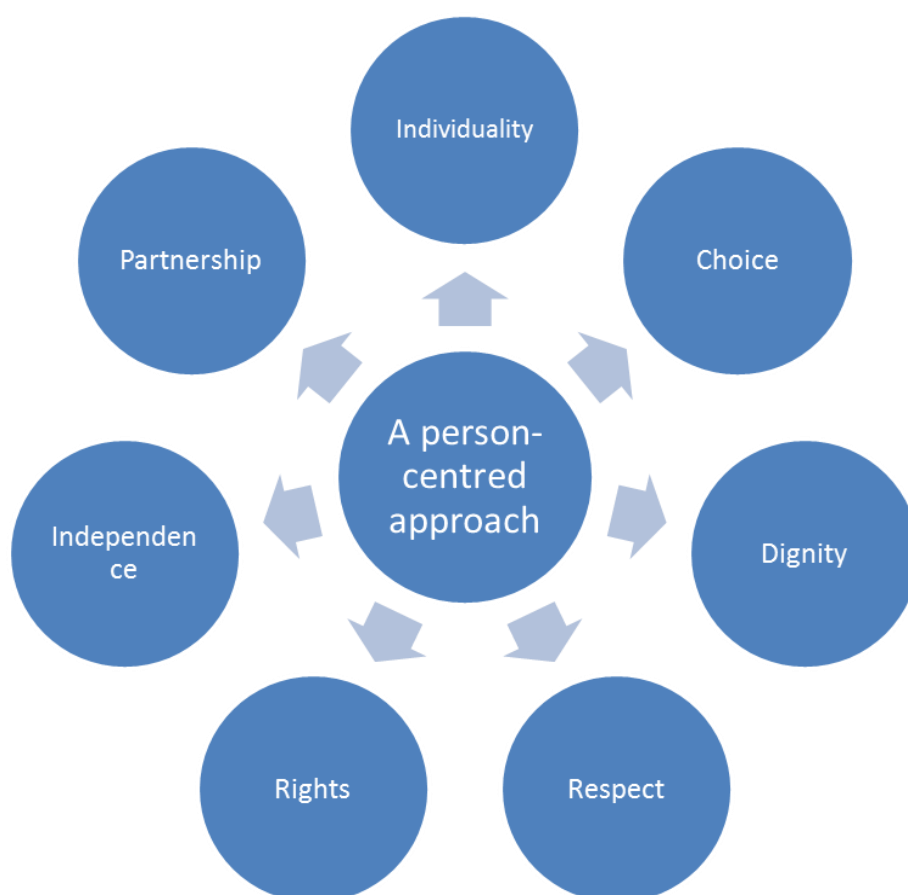
What person-centred care is.

Why person-centred care is important.

Examples of person-centred care.

Activity 2

Ensuring a person-centred approach is used is essential to building positive relationships in health, social care or child care environments. Read through the eight person centred values that underpin a person-centred approach in the diagram below:



ACTIVITY 3: KEY KNOWLEDGE

You will be tested on these key terms in September

Explain with examples what each of these person-centred values means by completing the table below:

Person Centred Value	
1. Individuality	Meaning:
Example:	
2. Choice	Meaning:
Example:	
3. Privacy	Meaning:
Example:	
4. Dignity	Meaning:
Example:	

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5. Respect	Meaning:
Example:	
6. Rights	Meaning:
Example:	
7. Independence	Meaning:
8. Partnership	Meaning:

ACTIVITY 4

Primary Care refers to care services that are the first point of contact a person is likely to have with the National Health Service (NHS) for example, when you go to the GP (General Practitioner) or dentist.

Choose a local GP service (preferably the one you are registered with).

Find out the following things.

- a. the aim of the service
- b. who it provides for
- c. how it provides the service

Create a scenario about an individual who has used this service, include details of the person's age, the reason they used this service, how the service helped the individual and what the outcome was.

Present your findings in a power point presentation. Please remember that the main notes should be on the notes page and that your power point slides will show the key points only.